Summers at LREI 2016 Lunch and Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
From The Kitchen: Pasta (choice of Penne or Spaghetti) Marinara Sauce, Meatballs (dairy and gluten free), Homemade Bread & Steamed Broccoli Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	From The Kitchen: Brown Rice, Black Beans, Sweet Plantains, Collard Greens, Mashed Sweet Potatoes, French Fries Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	From The Kitchen: Oven fresh Cheese, fresh Mozzarella, Pepperoni, and no cheese Veggie Pizza Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	From The Kitchen: Tacos: Beans and Shredded Chicken Topping choices: Shredded Cheddar Cheese, Salsa, Sour Cream and Tofu Sour Cream, Organic Romaine Lettuce, Tomatoes, Guacamole Plain rice (vegetarian) Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	**Full Day Field Trip** Campers bring bag lunch from home (nut and seed free, no glass bottles)
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
From The Kitchen: Choice of cheese ravioli and gluten-free tofu ravioli Marinara Sauce, Meatballs (dairy and gluten free), Steamed Broccoli Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	From The Kitchen: Choice of brown or white rice sushi with cucumber, carrot or avocado Steamed vegetable dumplings Edamame Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	From The Kitchen: Choice of grilled cheese (organic cheddar or monterey jack on multi-grain bread or gluten-free with daiya) Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	From The Kitchen: Tacos: Beans and Shredded Chicken Topping choices: Shredded Cheddar Cheese, Salsa, Sour Cream and Tofu Sour Cream, Organic Romaine Lettuce, Tomatoes, Guacamole Plain rice (vegetarian) Salad bar and sandwich bar Dessert – Chloe's all-natural fruit pops	**Full Day Field Trip** Campers bring bag lunch from home (nut and seed free, no glass bottles)

Beverages:

Local organic apple cider or agua fresca, soy milk and local, reduced fat milk from Battenkill Dairy.